



### Fall sports season begins August 3 for football and August 10 for all other fall sports

To be eligible to play sports please complete the following (specific details will be sent after May 1):

1. Clearance paperwork (physical completed and physician form signed and health information completed in Magnus, our online health system)
2. The sport registration form for the sports the student-athlete intends to play.

### SPORTS PERFORMANCE STRENGTH & CONDITIONING

#### Summer Open Lift Schedule:

Mon., Thu. 10 a.m.-12 p.m. and 1-3 p.m.  
Wed. 1-3 p.m.  
Fri. 10 a.m.-12 p.m.

**Strength and conditioning/P.E. classes:** periods 3, 4 and 7

**After-school fitness class:** first and second semesters,  
Mon., Wed., Fri. 5-6 p.m.

*\*Schedule subject to change due to team lifts and during holidays.*

### BASKETBALL – BOYS

**Summer league and practices:** June 8-July 17

**Practices:** Mon., Wed. 3:15-4:45 p.m. (Varsity) and  
4:30-6 p.m. (JV)

**Games:** Tuesdays and Thursdays

### BASKETBALL – GIRLS

**Summer league and workouts:** June 8-July 24

**Workouts/Open gym:** Mon., Wed. 4:15 p.m.-5:45 p.m.;  
Sat. 9-11 a.m.

**Games:** Tuesdays and Thursdays

### CHEERLEADING

**Practices:** July 20-24 5-7 p.m.

**Cheer Camp:** TBA

**In-season practice:** Tue.-Thu. 5-7 p.m.

### CROSS COUNTRY

**TBA** - Details will be sent after May 1

### FOOTBALL

**Summer workouts:** June 8-July 24 (no workouts July 2-5)

**Practices:** Mon.-Thu. 3:30-5:30 p.m.

**In-season:** Season starts Aug. 3

**Practices:** Mon., Tues., Thu., Fri. 3:45-5:45 p.m.;  
Wed. 3:30-5:30 p.m.

### VOLLEYBALL

**Open gym:** June 15-July 22, Mon., Wed., 5-7 p.m. (no open  
gym June 29-July 3)

**Location:** Athletic Center

Available to rising eighth-twelfth graders, alumni, boys and girls

### WATER POLO – BOYS AND GIRLS

**Practices:** Mon., Thu., Fri. June 8-July 10, 7-10 a.m.

**Summer workouts: Please contact the coach with any questions.**

## ATHLETICS STAFF

**Dan Molin, Athletic Director**

[dan.molin@harker.org](mailto:dan.molin@harker.org)

**Marlen Castaneda, Sports Performance**

[marlen.castaneda@harker.org](mailto:marlen.castaneda@harker.org)

**Alfredo Alves, Assistant Athletic Director**

[alfredo.alves@harker.org](mailto:alfredo.alves@harker.org)

**Wes Howard, Head Athletic Trainer, for clearance to play sports**

[wes.howard@harker.org](mailto:wes.howard@harker.org)

## FALL COACHES

### CHEERLEADING

Chantell Rodriguez: [chantell.rodriguez@harker.org](mailto:chantell.rodriguez@harker.org)

### CROSS COUNTRY

Jorge Chen: [jorge.chen@harker.org](mailto:jorge.chen@harker.org)

### FOOTBALL

Dom Cole: [dom.cole@harker.org](mailto:dom.cole@harker.org)

### GOLF - GIRLS

Ie-Chen Cheng: [ie-chen.cheng@harker.org](mailto:ie-chen.cheng@harker.org)

### VOLLEYBALL - GIRLS

Theresa "Smitty" Smith: [theresa.smith@harker.org](mailto:theresa.smith@harker.org)

### TENNIS - GIRLS

John Fruttero: [john.fruttero@harker.org](mailto:john.fruttero@harker.org)

### WATER POLO - BOYS

Lee McBride: [lee.mcbride@harker.org](mailto:lee.mcbride@harker.org)

### WATER POLO - GIRLS

Laci Szieben: [laci.szieben@harker.org](mailto:laci.szieben@harker.org)

Victor Adler (assistant coach): [victor.adler@harker.org](mailto:victor.adler@harker.org)

## WINTER COACHES

### BASKETBALL - BOYS

Alfredo Alves: [alfredo.alves@harker.org](mailto:alfredo.alves@harker.org)

### BASKETBALL - GIRLS

Daniza Rodriguez '13: [daniza.rodriguez@harker.org](mailto:daniza.rodriguez@harker.org)

### CHEERLEADING

Chantell Rodriguez: [chantell.rodriguez@harker.org](mailto:chantell.rodriguez@harker.org)

### SOCCER - BOYS

Seena Sajadieh: [seena.sajadieh@harker.org](mailto:seena.sajadieh@harker.org)

### SOCCER - GIRLS

Taylor Ortiz: [Taylor.Ortiz@harker.org](mailto:Taylor.Ortiz@harker.org)

## SPRING COACHES

### BASEBALL

Jon Cvitanich: [jon.cvitanich@harker.org](mailto:jon.cvitanich@harker.org)

### GOLF - BOYS

Ie-Chen Cheng: [ie-chen.cheng@harker.org](mailto:ie-chen.cheng@harker.org)

### LACROSSE - GIRLS

Christopher Hurshman: [christopher.hurshman@harker.org](mailto:christopher.hurshman@harker.org)

### SOFTBALL

Raul Rios: [raul.rios@harker.org](mailto:raul.rios@harker.org)

### SWIMMING

Sachi Ujifusa: [sachi.ujifusa@harker.org](mailto:sachi.ujifusa@harker.org)

### TENNIS - BOYS

John Fruttero: [john.fruttero@harker.org](mailto:john.fruttero@harker.org)

### TRACK & FIELD

Jorge Chen: [Jorge.Chen@harker.org](mailto:Jorge.Chen@harker.org)

### VOLLEYBALL - BOYS

Jackson Dupler: [jackson.dupler@harker.org](mailto:jackson.dupler@harker.org)

**General questions?** Email Dan Molin, upper school athletic director, at [dan.molin@harker.org](mailto:dan.molin@harker.org)



HARKER®

Upper School Campus | 500 Saratoga Avenue, San Jose, CA 95129 | [www.harker.org](http://www.harker.org)