



**Fall sports season begins August 3 for football and August 10 for all other fall sports**

To be eligible to play sports please complete the following (specific details will be sent after May 1):

1. Clearance paperwork (physical completed and physician form signed and health information completed in Magnus, our online health system)
2. The sport registration form for the sports the student-athlete intends to play.

**SPORTS PERFORMANCE  
STRENGTH & CONDITIONING**

**Summer Open Lift Schedule:**

Mon., Thu. 10 a.m.-12 p.m. and 1-3 p.m.  
Wed. 1-3 p.m.  
Fri. 10 a.m.-12 p.m.

**Strength and conditioning/P.E. classes:** periods 3, 4 and 7

**After-school fitness class:** first and second semesters,  
Mon., Wed., Fri. 5-6 p.m.

*\*Schedule subject to change due to team lifts and during holidays.*

**BASKETBALL – BOYS**

**Summer league and practices:** June 8-July 17

**Practices:** Mon., Wed. 3:15-4:45 p.m. (Varsity) and  
4:30-6 p.m. (JV)

**Games:** Tuesdays and Thursdays

**BASKETBALL – GIRLS**

**Summer league and workouts:** June 8-July 24

**Workouts/Open gym:** Mon., Wed. 4:15 p.m.-5:45 p.m.;  
Sat. 9-11 a.m.

**Games:** Tuesdays and Thursdays

**CHEERLEADING**

**Practices:** July 20-24 5-7 p.m.

**Cheer Camp:** TBA

**In-season practice:** Tue.-Thu. 5-7 p.m.

**CROSS COUNTRY**

**TBA** - Details will be sent after May 1

**FOOTBALL**

**Summer workouts:** June 8-July 24 (no workouts July 2-5)

**Practices:** Mon.-Thu. 3:30-5:30 p.m.

**In-season:** Season starts Aug. 3

**Practices:** Mon., Tues., Thu., Fri. 3:45-5:45 p.m.;  
Wed. 3:30-5:30 p.m.

**VOLLEYBALL**

**Open gym:** July 15-July 22, Mon., Wed., 5-7 p.m. (no open  
gym June 29-July 3)

**Location:** Athletic Center

Available to rising eighth-twelfth graders, alumni, boys and girls

**WATER POLO – BOYS AND GIRLS**

**Practices:** Mon., Thu., Fri. June 8-July 10, 7-10 a.m.

**Summer workouts: Please contact the coach with any questions.**

## ATHLETICS STAFF

**Dan Molin, Athletic Director**

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**Marlen Castaneda, Sports Performance**

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**Alfredo Alves, Assistant Athletic Director**

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**Wes Howard, Head Athletic Trainer, for clearance to play sports**

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## FALL COACHES

### CHEERLEADING

Chantell Rodriguez: [chantell.rodriguez@harker.org](mailto:chantell.rodriguez@harker.org)

### CROSS COUNTRY

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### FOOTBALL

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### GOLF - GIRLS

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### VOLLEYBALL - GIRLS

Theresa "Smitty" Smith: [theresa.smith@harker.org](mailto:theresa.smith@harker.org)

### TENNIS - GIRLS

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### WATER POLO - BOYS

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### WATER POLO - GIRLS

Laci Szieben: [laci.szieben@harker.org](mailto:laci.szieben@harker.org)

Victor Adler (assistant coach): [victor.adler@harker.org](mailto:victor.adler@harker.org)

## WINTER COACHES

### BASKETBALL - BOYS

Alfredo Alves: [alfredo.alves@harker.org](mailto:alfredo.alves@harker.org)

### BASKETBALL - GIRLS

Daniza Rodriguez '13: [daniza.rodriguez@harker.org](mailto:daniza.rodriguez@harker.org)

### CHEERLEADING

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### SOCCER - BOYS

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### SOCCER - GIRLS

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## SPRING COACHES

### BASEBALL

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### LACROSSE - GIRLS

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### SOFTBALL

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### SWIMMING

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### TENNIS - BOYS

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### TRACK & FIELD

Jorge Chen: [Jorge.Chen@harker.org](mailto:Jorge.Chen@harker.org)

### VOLLEYBALL - BOYS

Jackson Dupler: [jackson.dupler@harker.org](mailto:jackson.dupler@harker.org)

**General questions?** Email Dan Molin, upper school athletic director, at [dan.molin@harker.org](mailto:dan.molin@harker.org)



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