

March 25- March 29

2024



UPPER SCHOOL

ALL MEALS INCLUDE DAILY HOT SOUP, SALAD BAR, SEASONAL FRUIT BAR, PIZZA & DESSERT

Vegetarian Option: Gluten Free Option Available: Produce of the Month:

Produce of the Month: Cucumber

The term "cool as a cucumber" is actually derived from the cucumber's ability to cool the temperature of the blood. Also, when applied topically, cucumber really does cool the blood and ease facial swelling, which is why cucumbers are so popular in facial regiments.



25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday
CHEF'S GRILL Chicken Pot Pie	CHEF'S GRILL Beef Bourguignon Mashed Potatoes Vegetable Medley	CHEF'S GRILL BBQ Ribs Baked Beans Honey Cornbread	CHEF'S GRILL Orange Chicken Steamed Rice Stir Fried Veggies	CHEF'S GRILL Grilled Cheese Sandwich Tomato Bisque Green Beans
VEGGIE CAFÉ Roasted Carrots with Roasted Garlic Hollandaise Falafel Stuffed Peppers with Tahini Dressing	VEGGIE CAFÉ Curry Ginger Sweet Potatoes Warm Lentils with Roasted Root Vegetables	VEGGIE CAFÉ Chile Rellenos Quiche Waffle Sticks with Peach Coulis	VEGGIE CAFÉ Roasted Beets and Charred Green Bean Salad Herby Asparagus Risotto	VEGGIE CAFÉ Vegan Sushi Bowl with Pickled Vegetables Hot and Sour Soup with Tofu
BISTRO GARDEN Deli Bar Served Daily CARVING STATION Braised Beef Brisket with Onions, Mushrooms, and Balsamic	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Roasted Pork Shoulder with Rosemary, Mustard, and Garlic	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Spicy Honey Garlic Chicken Thighs	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Maple Sage Turkey Breast	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Chef's Choice
MEXICAN FIESTA Huevos Rancheros	MEXICAN FIESTA Chicken Al Pastor Esquites	MEXICAN FIESTA Machaca Beef Dip Sandwich Chickpeas in Sofrito	MEXICAN FIESTA Mexican Lamb Adobo Jackfruit Pernil	MEXICAN FIESTA Chile Verde Kale and Brussel Sprout Taco with Avocado Sauce
CHOWDA HOUSE Shrimp Salad Roll with Kettle Chips	CHOWDA HOUSE Fish Florentine	CHOWDA HOUSE Baked Haddock in Sweet Potato Cream Sauce	CHOWDA HOUSE Vietnamese Turmeric Fish	CHOWDA HOUSE Spicy Tuna Poke Bowl
BURGERLAND <u>Veggie Burger Served Daily</u> Sausage, Egg, and Pepperjack with Avocado	BURGERLAND Turkey Burger with Grilled Onions and Garlic Aioli	BURGERLAND Jalapeno Popper Chicken Sandwich	BURGERLAND Italian Meat Combo	BURGERLAND Chef's Choice
TASTE OF ITALY <u>Gluten Free Available Daily</u> Vegetable and Herb Tomato Sauce	TASTE OF ITALY Creamy Poblano Sauce	TASTE OF ITALY Pasta with Meatballs	TASTE OF ITALY Tikka Masala Tomato Sauce	TASTE OF ITALY Chef's Choice