

April 8- April 12

2024



UPPER SCHOOL

ALL MEALS INCLUDE DAILY HOT SOUP, SALAD BAR, SEASONAL FRUIT BAR, PIZZA & DESSERT

Vegetarian Option: Gluten Free Option Available: Produce of the Month:

Produce of the Month: Peas

Peas are in the group of foods known as legumes. Legumes are plants that produce pods with seeds, or beans, inside. Other foods in the legume family include lentils, soybeans, chickpeas, and all types of beans.



8	Monday	9	Tuesday	10	Wednesday	11	Thursday	12	Friday
	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL
	Chicken Chorizo Paella Herbed Focaccia	Philly Cheesesteak Roasted Ranch Potatoes Corn on the Cob	Maple Mustard Turkey Wild Mushroom Stuffing Creamed Spinach	Roasted Pork Loin Singaporean Style Noodles Steamed Broccoli	French Onion Chicken Rice Pilaf Roasted Brussel Sprouts				
	VEGGIE CAFÉ	VEGGIE CAFÉ	VEGGIE CAFÉ	VEGGIE CAFÉ	VEGGIE CAFÉ	VEGGIE CAFÉ	VEGGIE CAFÉ	VEGGIE CAFÉ	VEGGIE CAFÉ
	Potato Samosas with Mango Chutney Zaatar Cauliflower with Tahini Sauce	Vegan Chickpea Stir Fry Bulgogi Tofu with Kimchi Slaw	Green Lentil Gumbo Cajun Veggie Tenders	Bulgur Pilaf with Roasted Tomatoes and Onions Split Pea Curry	Mushroom Matar Masala Paneer Jalfrezi				
	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Honey Garlic Meatballs	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Caramel Chicken	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Balsamic Dijon Glazed Ham	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Peppercorn Crusted Beef with Horseradish Aioli	BISTRO GARDEN Deli Bar Served Daily CARVING STATION Grilled Brats with Warm German Potato Salad				
	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA
	Baja Fish Tacos with Chipotle Slaw Sweet Corn Tamales	Carnitas Tostada Refried Bean Tostada	Chili Colorado Chile Rellenos	Cilantro Lime Chicken Esquites	Served from Carly's Cafe Bean and Cheese Burritos Weather Permitting				
	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE
	Peruvian Shrimp Saltado	Crab Lettuce Cups with Spicy Lime Vinaigrette	Coquilles St. Jacques (Scallops in a Mushroom Cream Sauce)	Grilled Salmon with Citrus Salsa Verde	Clam Chowder in a Bread Bowl				
	BURGERLAND Veggie Burger Served Daily	BURGERLAND	BURGERLAND	BURGERLAND	BURGERLAND	BURGERLAND	BURGERLAND	BURGERLAND	BURGERLAND
	Gyro Pita Melt	Jalapeno Cheddar Turkey Burger	Crispy Chicken with Hot Honey Aioli	Open Faced Crab Cake Sandwich	Chef's Choice				
	TASTE OF ITALY Gluten Free Available Daily	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY
	Cheese Manicotti with Chunky Marinara Sauce	Broccoli Basil Pesto	Four Cheese Chicken Alfredo	Garlicky Cherry Tomato Sauce	Cheese Sauce with Thyme and Bacon				