

May 19 - May 23 2025

UPPER SCHOOL

ALL MEALS INCLUDE HOT SOUP, SALAD BAR, SEASONAL FRUIT, PIZZA & DESSERT

Produce of the Month:

Berries



On average everyone in Britain eats nearly 9,000 peas per year. The world record for eating peas is held by Janet Harris of Sussex who, in 1984, ate 7175 peas one by one in 60 minutes using chopsticks! Thick London fogs of the 19th and 20th centuries were dubbed 'pea-soupers' because of their density and green tinge.

Gluten Free
Options Upon
Request



Vegetarian



Produce of
the Month



| 19 Monday | 20 Tuesday | 21 Wednesday | 22 Thursday | 23 Friday |
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| CHEF'S GRILL Chicken Tikka Masala Turmeric Rice Garlic Green Beans | CHEF'S GRILL Apple Cider Pork Roast Creamy Polenta Mixed Vegetables | CHEF'S GRILL Chef's Choice | CHEF'S GRILL Orange Chicken Basmati Rice Steamed Broccoli | CHEF'S GRILL Braised Beef Tex Mex Mashed Potatoes Sautéed Corn with Scallions |
| VEGGIE CAFE Tofu Red Curry with Rice Noodles Chef's Choice | VEGGIE CAFE Vegetable Soup in a Bread Bowl Red Lentil Dal | VEGGIE CAFE Vegetarian Cottage Pie Chef's Choice | VEGGIE CAFE Plant Based Stir Fry Indian Lemon Rice | VEGGIE CAFE Barley and Vegetable Risotto Bhindi Masala |
| BISTRO GARDEN DELI BAR EVERYDAY! Chef's Choice | BISTRO GARDEN Chef's Choice | BISTRO GARDEN Chef's Choice | BISTRO GARDEN Chef's Choice | BISTRO GARDEN Chef's Choice |
| MEXICAN FIESTA Relocated to Pasta Station Chef's Choice | MEXICAN FIESTA Relocated to Pasta Station Chef's Choice | MEXICAN FIESTA Relocated to Pasta Station Chef's Choice | MEXICAN FIESTA Relocated to Pasta Station Chef's Choice | MEXICAN FIESTA Relocated to Pasta Station Chef's Choice |
| CHOWDA HOUSE Closed | CHOWDA HOUSE Closed | CHOWDA HOUSE Closed | CHOWDA HOUSE Closed | CHOWDA HOUSE Closed |
| BURGERLAND VEGGIE BURGER EVERYDAY! Salmon Burger with Cilantro Lime Sauce | BURGERLAND Monte Cristo | BURGERLAND Chef's Choice | BURGERLAND Chef's Choice | BURGERLAND Hoisin Braised Chicken Sandwich |
| TASTE OF ITALY GLUTEN FREE PASTA EVERYDAY! Broccoli Cheddar Sauce | TASTE OF ITALY Toasted Ravioli | TASTE OF ITALY Chunky Vegetable Marinara | TASTE OF ITALY Chicken Alfredo | TASTE OF ITALY Chef's Choice |