

# May 12 - May 16

## 2025

## MIDDLE SCHOOL

**ALL MEALS INCLUDE SALAD BAR, SOUP, STEAMED RICE, DELI & DESSERTS**

Produce of the Month:

### Berries



**Berry Berry Fun Facts**

- berries are packed with antioxidants
- antioxidants and flavonoids in berries can improve cognitive function, memory, and overall brain health
- fiber content in berries promotes healthy digestion
- berries have been found to have anti-inflammatory effects

12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
<b>CHEF'S GRILL</b> Polonaise Style Fish with Mac and Cheese	<b>CHEF'S GRILL</b> Chinese Chicken Salad	<b>CHEF'S GRILL</b>  Breakfast for Lunch: French Toast Sticks and Cheese Omelette	<b>CHEF'S GRILL</b> Chicken Tenders or Veggie Tenders	<b>CHEF'S GRILL</b> Thai Basil Beef or Vegetarian Thai Basil
<b>BURGERLAND</b> Breakfast Sandwich	<b>BURGERLAND</b> Black and Blue Burger	<b>BURGERLAND</b> Cheddar Pub Burger	<b>BURGERLAND</b> Grill Chicken Sandwich	<b>BURGERLAND</b> Chefs Choice
<b>TASTE OF ITALY</b> Creamy Cajun Chicken Pasta	<b>TASTE OF ITALY</b> Pork Ragu	<b>TASTE OF ITALY</b> American Chop Suey	<b>TASTE OF ITALY</b>  Spicy Tomato Cream Sauce	<b>TASTE OF ITALY</b>  Lasagna
<b>MEXICAN FIESTA</b> Mexican Beef Bowl	<b>MEXICAN FIESTA</b> Crispy Poblano or Chicken Taco	<b>MEXICAN FIESTA</b> Pork Adobo Skewers	<b>MEXICAN FIESTA</b> Maui Fish Tacos	<b>MEXICAN FIESTA</b> Chimichanga
 <b>GF ZONE</b> Apple Cider Braised Pork	 <b>GF ZONE</b> Puerto Rican Piccadillo	 <b>GF ZONE</b> Whole Shabang Haddock	 <b>GF ZONE</b> Garlic Butter Chicken	 <b>GF ZONE</b> Greek Meatballs (Lamb and Beef)
 <b>VEGGIE CAFE</b>  Chili Crisp Tofu	 <b>VEGGIE CAFE</b>  BBQ Jack Fruit	 <b>VEGGIE CAFE</b>  Harissa Black Bean Dish	 <b>VEGGIE CAFE</b>  Cumin Mushrooms	<b>VEGGIE CAFE</b>  Veggie Noodle Soup

Gluten Free Options Upon Request or  
Check out the Gluten Free Zone



Vegetarian



Produce of the Month

