

March 24 - March 28

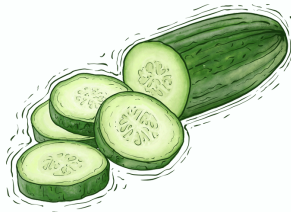
2025

MIDDLE SCHOOL

ALL MEALS INCLUDE SALAD BAR, SOUP, STEAMED RICE, DELI & DESSERTS

Produce of the Month:

Cucumber



Cucumber Fun Facts

- Cucumbers originate from South East Asia
- Raw cucumber is made up of 95% water
- Cucumbers contain Vitamins B1, B2, B3, B5 and B6, folic acid, Vitamin C, calcium, iron, magnesium, phosphorus, potassium and zinc.

24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
CHEF'S GRILL Hot Ham and Cheese on Croissant or Veggie Slider	CHEF'S GRILL Chopped Chicken Salad Vegetarian Chopped Southwest Salad	CHEF'S GRILL Shepards Pie or Vegetarian Shepards Pie	CHEF'S GRILL Orange Chicken with Steamed Rice and Sauteed Vegetables	CHEF'S GRILL Poke Bowl with Seaweed Salad
BURGERLAND Bagel Breakfast Sandwich	BURGERLAND Hickory Pub Burger	BURGERLAND  Impossible Sliders	BURGERLAND Backyard Burger	BURGERLAND Chef Choice
TASTE OF ITALY  Mac and Cheese	TASTE OF ITALY  Cheese Tortellini with Creamy Pesto	TASTE OF ITALY Pasta with Pork Ragu	TASTE OF ITALY Spaghetti with Meat Sauce	TASTE OF ITALY  Lemon Garlic Pasta
MEXICAN FIESTA Cheese or Chicken Enchilada with Spanish Rice	MEXICAN FIESTA  Fideo Soup with Jalapeno Poppers	MEXICAN FIESTA Beefy Melt Burrito	MEXICAN FIESTA Chicken Tinga Tostada	MEXICAN FIESTA Carnitas with Rice and Beans
gf GF ZONE Red Thai Turkey Curry	gf GF ZONE Kalua Pork	gf GF ZONE Chicken Satay	gf GF ZONE Beef and Vegetable Stir Fry	gf GF ZONE Stuffed Pork Loin
gf VEGGIE CAFE  Spicy Sesame Garlic Tofu	gf VEGGIE CAFE  Sweet Potato and Yukon Gold Bake	gf VEGGIE CAFE  Vegan Rice Noodles	gf VEGGIE CAFE  Caribbean Quinoa Bowl	VEGGIE CAFE  Vegetarian Bulgogi

Gluten Free Options Upon Request or
Check out the Gluten Free Zone



Vegetarian



Produce of the Month

