

# November 11- November 15

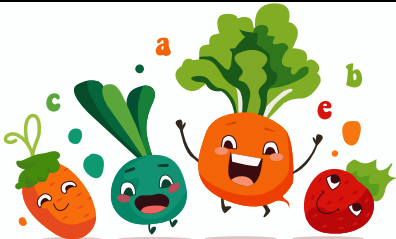
2024

MIDDLE SCHOOL

ALL MEALS INCLUDE SALAD BAR, SOUP, STEAMED RICE, DELI & DESSERTS

Produce of the Month:

## Root Vegetables



Root vegetables are quite literally the fruits of the earth, the hearty bulbs that swell and thrive beneath the soil. Networks of roots below ground, catching nutrients from the soil and using this energy to grow up and out.

11	Monday	12	Tuesday	13	Wednesday	14	Thursday	15	Friday
	<div>CHEF'S GRILL</div> <div>Korean BBQ Chicken Skewers with Kim Chee and Steamed Rice</div>	<div>CHEF'S GRILL</div> <div>Classic Meatloaf with Scalloped Potatoes and Corn O'Brien Vegetarian Salisbury</div>	<div>CHEF'S GRILL</div> <div>Oven Baked Turkey and Gravy with Mashed Potatoes, Peas and Carrots</div>	<div>CHEF'S GRILL</div> <div>Lobster Seafood Roll and Coleslaw</div>	<div>CHEF'S GRILL</div> <div>Grilled Ham and Cheese Grilled Cheese Baked Potatoe Chips</div>				
	<div>BURGERLAND</div> <div>Breakfast Sandwich</div>	<div>BURGERLAND</div> <div>Savory Turkey Burger with Swiss Cheese</div>	<div>BURGERLAND</div> <div>Boston Baked Cod</div>	<div>BURGERLAND</div> <div>Marinated Chicken Served on Kaiser Brioche</div>	<div>BURGERLAND</div> <div>Impossible Burger</div>				
	<div>TASTE OF ITALY</div> <div>Spaghetti and Meatballs</div>	<div>TASTE OF ITALY</div> <div>Homemade Cheese Lasagna with Garlic Breadsticks</div>	<div>TASTE OF ITALY</div> <div>Italian Sausage with Peppers and Onion Served with Rigatoni</div>	<div>TASTE OF ITALY</div> <div>Chicken Scallopini Served with Angel Hair Pasta</div>	<div>TASTE OF ITALY</div> <div>Seared Salmon with Tomato and Olive Sauce and Penne Noodles</div>				
	<div>MEXICAN FIESTA</div> <div>Pulled Pork Nachos</div>	<div>MEXICAN FIESTA</div> <div>Home-Made Burritos</div>	<div>MEXICAN FIESTA</div> <div>Ground Beef Bowl</div>	<div>MEXICAN FIESTA</div> <div>Veggie Tamale with Street Corn</div>	<div>MEXICAN FIESTA</div> <div>Mexican Pizza with Tortilla Slaw</div>				
<div>gf</div>	<div>GF ZONE</div> <div>Mongolian Beef with Spicy Green Beans</div>	<div>gf</div> <div>GF ZONE</div> <div>Indian Lamb Curry Served with Cilantro Rice</div>	<div>gf</div> <div>GF ZONE</div> <div>Creamy Down Home Chicken Stew</div>	<div>gf</div> <div>GF ZONE</div> <div>Honey Garlic Glazed Pork Bites</div>	<div>gf</div> <div>GF ZONE</div> <div>Chinese Mushroom Chicken</div>				
<div>gf</div>	<div>VEGGIE CAFE</div> <div>Caribbean Stew with Coconut Rice and Black Beans</div>	<div>gf</div> <div>VEGGIE CAFE</div> <div>Saag Aloo (Spinach and Potato Curry) Served with Naan and Raita</div>	<div>gf</div> <div>VEGGIE CAFE</div> <div>Middle Eastern Build Your Own Buddha Bowl</div>	<div>gf</div> <div>VEGGIE CAFE</div> <div>Southern Style Mushroom and Grits</div>	<div>gf</div> <div>VEGGIE CAFE</div> <div>Sesame Lime Rice Noodles with Vegetable Stir Fry</div>				

Gluten Free Options Upon Request or  
Check out the Gluten Free Zone



Vegetarian



Produce of the Month

