



HARKER

MS INTERSCHOLASTIC AND INTRAMURAL SPORTS

The following important information appears in your student/parent handbook. We are repeating it here for your convenience:

All students are eligible for after-school sports, and no student will be dropped from the sports program provided the student maintains regular attendance, displays proper sportsmanship and maintains an acceptable average in all classes. Students' eligibility for athletics will be reviewed if their average in any academic subject falls below a C.

The middle school athletic program is structured to provide all interested students with an educational, enjoyable and appropriate experience. In order to accomplish these goals, we have created a structure that combines interscholastic opportunities for the most advanced students and a spirited and instructional intramural program for students who need to concentrate more on sport development.

Whenever possible, depending on the availability of competition, we will field an interscholastic team in each sport at each grade level. If there are a large number of skilled players in a grade, and opponents to play, we will consider adding a second team.

In middle school, if need be, we will form an instructional and developmental intramural program in sports where we have ample enrollment. These programs will combine students from several grade levels in order to make it viable and fun for all. The goal of the intramural program is to help and support the developing athletes in order to better prepare them for an interscholastic experience in the future and to meet the needs of recreational athletes.

"Learning through sports," not winning and losing, is the cornerstone of our program. Students participate and compete in order to learn more about themselves, other people and the world around them. Through athletic endeavors a student learns to set goals, meet challenges, accept success and failure and to work cooperatively as a teammate. Practices are held Monday-Friday, 3:45-5 p.m. and some off-campus practices may run from 4-5:15 p.m. or later. Attendance is mandatory Tuesday, Wednesday and Friday, and all game days. Exceptions: Mandatory days for swimming are Monday, Wednesday, Friday. Track has no mandatory days. Varsity A Tennis practice is Monday, Wednesday and Friday. Varsity B practices Tuesday and Thursday.



Please refer to your lower and middle school athletic handbook for more detailed after-school sports information.



2025-26 Seasons

Online sign-ups will begin Mon., Aug. 4



FALL

Late Aug. - Mid.-Oct.

Flag Football, Softball, Cross Country, Swimming, Girls Lacrosse, Golf Tournament

EARLY WINTER

Mid.-Oct. - Mid-Dec.

Boys: Basketball
Girls: Soccer

LATE WINTER

Jan. - Mid-March

Boys: Soccer
Girls: Basketball

SPRING

Mid-March - Mid-May

Volleyball, Baseball, Tennis, Water Polo, Track, Golf Tournament



Interscholastic Middle School League – West Bay Athletic League (WBAL)

Castilleja School, Crystal Springs Uplands, Eastside College Prep, The Girls' Middle School, Keys School, The King's Academy, Menlo School, Nueva School, Pinewood School, Priory School, St. Joseph's Sacred Heart School, St. Matthew's School, Woodland School, Highlands Christian, Redeemer Lutheran.