



HARKER

MS INTERSCHOLASTIC AND INTRAMURAL SPORTS

The following important information appears in your student/parent handbook. We are repeating it here for your convenience:

We structure our teams so that we have one competitive, interscholastic team for each sport at every grade level wherever possible. These traveling teams are chosen after a tryout process. A second traveling team will be considered if the pool of skilled players is large enough to fill one, there are enough opponents to play, and there is facility space to accommodate them.

All middle school students who try out for a sport will be placed to participate at some level, except golf, with a maximum of eight players participating, and tennis with a maximum of 50 players participating. Placement is based upon coaches evaluation and is designed to allow students to develop their skills in the competitive environment best suited to their current abilities.

Students who choose to participate in after-school sports are expected to attend practice daily. It is mandatory for student-athletes on middle school interscholastic teams to attend practice on Tuesdays, Wednesdays, Fridays (swimming Monday/Wednesday/Friday; track no mandatory days; VA tennis is a Monday/Wednesday/Friday commitment and VB tennis is a Tuesday/Thursday commitment; water polo, intramural volleyball and baseball only practice on Tuesday/Wednesday/Friday and all game days are mandatory as well.

Practice runs daily from 3:45-5 p.m. Practice times for the grade level "top teams" may extend past 5 p.m. (5:15-5:20 p.m.) at the coach's discretion. Some sports may have a slightly different practice schedule to accommodate travel between the Harker campuses.

Games generally occur on Tuesday, Wednesday and Thursday and begin directly after the school day.

Parents are encouraged to watch games but are not allowed to watch tryouts or practices.



2026-27 Seasons

Online sign-ups will begin Mon., Aug. 3



FALL

Late Aug. - Mid-Oct.

Flag Football, Softball, Cross Country, Swimming, Girls Lacrosse, Golf Tournament

EARLY WINTER

Mid-Oct. - Mid-Dec.

Boys: Basketball
Girls: Soccer

LATE WINTER

Jan. - Mid-March

Boys: Soccer
Girls: Basketball

SPRING

Mid-March - Mid-May

Volleyball, Baseball, Tennis, Water Polo, Track, Golf Tournament



Interscholastic Middle School League – West Bay Athletic League (WBAL)

Castilleja, Crystal Springs Uplands, Episcopal Day School, Highlands Christian, Keys School, Menlo School, Nueva School, Pinewood School, Priory, Sacred Heart, The Girls Middle School, The King's Academy, Woodland School.

Please refer to your lower and middle school athletic handbook for more detailed after-school sports information.