

2024-2025

ATHLETIC HANDBOOK LOWER SCHOOL - MIDDLE SCHOOL

MIDDLE SCHOOL

4525 Union Ave San Jose, CA 95124 408.553.0300

LOWER SCHOOL

4300 Bucknall Road San Jose, CA 95130 408.553.0501

www.harker.org

A NOTE ABOUT THE 2024-25 SCHOOL YEAR

Dear Parents and Students,

The Harker lower and middle school athletic program is structured to provide all interested students with an educational and enjoyable age-appropriate experience. In order to accomplish this goal, we have created a structure that combines interscholastic opportunities for the most advanced students, and a spirited and instructional intramural program for students who need to concentrate more on sport development.

Whenever possible, depending on the availability of competition, we will field a competitive team in each sport at each grade. If there are a large number of skilled players in a grade - and opponents to play - we will consider adding a second team.

In the lower and middle schools we will form an instructional and competitive intramural program in sports where we have ample enrollment. These programs will combine students from several grade levels to make it viable and fun for all.

The goal of our intramural program is to help and support our developing athletes, prepare them for an interscholastic competitive experience in the future, and to meet the needs of recreational athletes.

Sincerely,

Jour M Sung

Theresa "Smitty" Smith Director of Athletics, Grades 4-8

The Harker School Mission Statement

Our mission is to educate students for success at college and beyond, and to foster kindness, respect, and integrity within a safe and nurturing environment.

We achieve academic excellence through the development of intellectual curiosity, personal accountability, and a love of learning.

Our comprehensive program and exceptional faculty and staff help students discover, develop, and enjoy their unique talents.

We honor individuality, embrace diversity, and promote leadership and service, preparing students to take their place as global citizens.

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INTRODUCTION

This handbook is a guide for the Harker community to better understand how our lower and middle school athletic programs are run. It also serves as a reference, providing information that you may need throughout the year. Every year we review the athletic program to explore possible improvements and to address important topics and issues.

Our goal is to strengthen the educational experience for students who participate in athletics at Harker. We welcome new ideas and constructive comments about our programs. Please contact Theresa Smith at theresa.smith@harker.org to comment.

ATHLETIC PHILOSOPHY

The ideal of learning through sports is the cornerstone of our program in interscholastic athletics.

The valuable lessons available to a student-athlete are unique and powerful. Students participate and compete in order to learn more about themselves, other people and the world around them. Through athletic endeavors they learn to set goals, meet challenges, accept success and failure and to work cooperatively as a teammate.

No less important is learning that good sportsmanship is required and expected at all times. Respecting the opponent, official, coach, spectator and teammate is the foundation of enjoying athletics and understanding its value.

We also believe at Harker that interscholastic athletics in grades 4-12 exist in a continuum. If the student-athlete's goal is eventually to participate in athletics at the high school level, then there's a path to be followed. We will provide coaching and feedback along that pathway to high school athletics, but for the student and the overall program to succeed it will take more than cursory participation. For those interested in less rigorous involvement, we will continue to provide lower-level teams and intramurals, while still providing additional support to those who demonstrate a desire to be more serious in their approach.

ATHLETIC OFFERINGS

Grades 4-5

	Fall	Early Winter	Late Winter	Spring
Sports Offered	Flag Football Swimming Softball	Boys Basketball Girls Soccer	Boys Soccer Girls Basketball	Baseball Track Girls Volleyball
Start date	Aug. 22	Oct. 14	Jan. 6	March 10
Meeting for Athlete Parents	Aug. 27	Oct. 15	Jan. 14	March 11
Registration dates	Aug. 5-9	Sept. 30-Oct. 4	Dec. 2-6	Feb. 24-28

Grades 6-8

	Fall	Early Winter	Late Winter	Spring
Sports offered	Flag Football Cross Country Swimming Softball Girls Lacrosse Golf Tournament	Boys Basketball Girls Soccer	Boys Soccer Girls Basketball	Baseball Volleyball Tennis Water Polo Track Golf Tournament
Start date	Aug. 20	Oct. 14	Jan. 6	March 10
Seasonal Parent Meeting	Aug. 28	Oct. 16	Jan. 8	March 12
Registration dates	Aug. 5-9	Sept. 30-Oct. 4	Dec. 2-6	Feb. 24-28

ATHLETIC ELIGIBILITY AND TEAM SELECTION

In order for any student to participate in after-school sports at any time during the school year, we must have a signed LS/MS Athletic Participation Form on file. The form is available on Magnus. Please take the time to sign the form online. It is good for the entire school year.

Lower School

A student is eligible to participate in after-school sports beginning in grade 4. At the grade 4 level the program is designed to introduce the students to those skills and fundamentals necessary to participate in a variety of team sports. The important aspects of teamwork and good sportsmanship are also taught in a familiar and safe environment.

In grade 4 the league provides interscholastic competition during basketball season for both girls and boys. When necessary, grade 4 students may be added to a grade 5 interscholastic team if there are not enough grade 5 students to complete a team. Most grade 4 students participate in a structured intramural program that allows for important skill development and training, as well as a schedule of intramural games where the students can compete in a game setting amongst their peers.

In grade 5 we continue to teach the fundamentals necessary to enhance skill development and sportsmanship. At the grade 5 level we introduce the students to interscholastic competition for a variety of team sports. One interscholastic traveling team is chosen for each sport, based on a tryout process, to compete against other schools. A second competitive team will be considered if the pool of skilled players is large enough to fill one, and there are enough opponents to play.

All other grade 5 students who do not make the interscholastic team compete in a structured intramural program that may include the fourth graders. Participation in this program is helpful in developing students skills for possible inclusion on an interscholastic team in the future, as well as to help them stay fit and to allow them to have fun with their friends.

All lower school students who chose to participate in after-school sports are expected to attend practice daily. It is mandatory to attend practice on Tuesdays, Wednesdays

(swimming Tuesday/Thursday; track no mandatory days) and all game days. Students who attend practices and games regularly and demonstrate good sportsmanship will earn a certificate of participation in that sport. Certificates are awarded at the end of the season.

Practice runs daily from 3:45-4:45 p.m. for grade 4 and 3:45-5 p.m. for grade 5, and we encourage the students to attend as often as possible in order to maximize the experience. We expect interscholastic team members to make practice attendance a priority. If practice is held off-campus, it will run from 4-5:15 p.m.

Parents are not allowed to watch tryouts or practices. Parents are encouraged to watch games.

Middle School

At the middle school level we structure our teams so that we have one competitive, interscholastic team for each sport at every grade level wherever possible. These traveling teams are chosen after a tryout process that usually lasts about a week. A second traveling team will be considered if the pool of skilled players is large enough to fill one, there are enough opponents to play, and there is facility space to accommodate them.

All middle school students who try out for a sport will be placed to participate at some level, except golf, with a maximum of eight players participating, and tennis with a maximum of 50 players participating. Placement is based upon coaches evaluation and is designed to allow students to develop their skills in the competitive environment best suited to their current abilities.

All middle school students who choose to participate in after-school sports are expected to attend practice daily. It is mandatory for student-athletes on middle school interscholastic teams to attend practice on Tuesdays, Wednesdays, Fridays (swimming Monday/Wednesday/Friday; track no mandatory days; VA tennis is a Monday/ Wednesday/Friday commitment and VB tennis is a Tuesday/Thursday commitment; water polo and baseball only practice on Tuesday/Wednesday/Friday and all game days are mandatory as well. Students who need to miss a practice must give advance notice to the coach. All students who participate in after-school sports and demonstrate positive sportsmanship can request a participation certificate to be awarded at the end of the season, if so desired.

Practice runs daily from 3:45-5 p.m., and we encourage the students to attend each day. Practice times for the grade level "top teams" may extend past 5 p.m. (5:15-5:20 p.m.) at the coach's discretion. Sports such as water polo, baseball, tennis and track may have a different practice schedule to accommodate travel between the Harker campuses. Generally, those practices run 4-5:15 p.m.

Game schedules are completed at the start of each sport season and are sent home with the students. They can also be found on the "Athletic Schedules" tile on the parent portal. Games generally occur on Tuesday, Wednesday and Thursday and begin directly after the school day. Parents are not allowed to watch tryouts or practices. Parents are encouraged to watch games.

AWARDS

Grades 4-5

All students who participate in an after-school sport will receive a participation certificate at the end of the season.

Those students who participate on the junior varsity B team will receive a junior varsity H block. They will also receive a sports insert for each sport played at the junior varsity B level. The sports insert goes on the H block. These will be awarded at the end of the school year.

Grades 6-8

All students who participate in an after-school sport can request a participation certificate at the end of the season.

Those students who participate on the varsity A team will receive a single varsity A T-shirt. The varsity A T-shirt winners will be given their shirts after each season.

The grade 8 male and female Athlete of the Year awards will be handed out at the Athletics Recognition Ceremony at the end of the school year.

The criteria for the grade 8 Athlete of the Year are:

- 1. The athlete must have participated in at least three sports during the school year.
- 2. The athlete must be viewed by the coaching staff and teachers as someone who displays good character, and is a positive role model and citizen both on and off the court.
- 3. The athlete must maintain a grade point average no lower than a C- for the school year.

TEAM AWARDS

At the end of each sport season the coaches give out three awards:

an MVP Award (most valuable player), an Eagle Award and a Coach's Award. These three certificates will be awarded at school assemblies.

COACHING GUIDE

Harker draws its coaches from the faculty as well as from off campus. All of our lower and middle school coaches are NFHS-certified! Teaching about the specific sport as well as other more general aspects of life is the priority of our coaches. We expect our coaches to be sensitive to the needs of each student while keeping the goals and interests of the team and school in mind. No teacher is more public than a coach. With this in mind, it is crucial that they present themselves in a manner that will earn the respect of the players and spectators. We want our coaches to model the standards of behavior and sportsmanship we expect from our students. We assign coaches to lead a team because we feel that they have the aptitude, ability and interest to do the job. Telephone and email contact should remain strictly on the coach-to-parent level. Coaches will not give their cell phone numbers to students.

Communicating with the coach

The coach is the key contact person for your child's athletic program. Whenever possible, please direct questions regarding games, equipment, scheduling changes, unavoidable student absences or lateness to the coach. If the coach is unable to answer your question, please don't hesitate to contact the athletic director. A list of necessary voicemail numbers is provided at the end of this manual. We suggest you and your child keep this manual handy for easy reference. Occasionally an issue may arise that may be of concern to a parent. If it is centered around events at an actual game, please wait 24 hours before speaking with the coach about it. After your initial discussion with the coach, if you are unable to resolve an issue with the coach, contact Theresa Smith at theresa.smith@harker.org or Ken Allen at ken.allen@harker.org to arbitrate further discussion with the coach as needed.

TEAM PARENTS

Overview

Many of our parents have acted as a team parent for their child's little league team, or club team, or perhaps even a Harker team,

or for a non-athletic program. We want to formalize the position at Harker to create the opportunity for connectivity between parents and additional support for our student-athletes – and prepare parents in general for involvement in the larger scale of interscholastic athletics in the upper school.

The job description below is a basic one. Since these seasons are only about eight weeks long, this is not necessarily a long-term commitment, but since we field so many teams, there is an opportunity for a lot of parental involvement.

Job description

- Coordinate simple post-game refreshments for student-athletes at games: fruit, juice, water, sport drinks. This does not need to be (or even want to be) cookies, cakes, etc., and no nuts of any kind, of course!
- Help in promoting the "key game" concept the one game each season at which we are absolutely going to try to have a high level of attendance. We understand that for many families with busy schedules, that may be all to which they can commit, so let's try to get as many of them there in a

coordinated fashion to create the best communal and supportive atmosphere at this one game to best support the student-athletes.

 You will not be called upon to be the emissary to the coach when someone has a grievance about playing time, etc. We ask that all parents observe a "24-hour rule" about these issues following a game day, but the student- athletes and parents need to make these contacts directly with the coach first, and then the athletic director. We strive for a "no controversy policy" for our volunteers!

How to get involved

We would love to know how many parents might be interested in taking on this role. Since we have multiple team levels in many sports, at the beginning of the season you may not know what team your student-athlete may be selected for; we would hope you might volunteer no matter what level that is. Knowing in advance who this group of interested parents are will help us to advise our coaches to whom they might reach out at that initial meeting, or even before, to introduce you at that opening meeting.

Support we will provide

- Email addresses of students/families on the teams
- Coach(es) best contact information
- Templates of sample emails on a variety of topics: requesting contact information, organizing a "snack rotation," setting up an away-game car pool, and promoting the "key game."

Please contact your child's coach directly and/or Smitty (theresa.smith@harker.org) at 408.553.0389 if you are interested in participating. Thank you for your interest and support!

STUDENT RESPONSIBILITIES

The athletic program strives to teach personal responsibility. Participation on an athletic team is a commitment and a responsibility. Attendance at all practices and games is expected. It is important that each student understands that the team is affected when an athlete misses a practice or game. Absences should be limited, and should not be scheduled to conflict with mandatory practices and games. Any expected absences should be discussed with the coach or athletic director, especially if they occur on a game day or prior to a game day.

Those students who do not attend mandatory practices may be subject to reduced playing time. Additionally, the absences will be reported to the athletic director and be subject to consequences equivalent to those of missed academic classes.

We encourage students to plan their time around practices and look through the weeks ahead for conflicts which may have an impact on them or the team. Information about future events and commitments is readily available at school and students should seek it. Whenever possible medical appointments should be scheduled during vacation or during a sports break. Each student is asked to take responsibility for all equipment and uniforms, which belong to the school.

STUDENT SAFETY

The safety of our students is of the utmost importance. All of our lower and middle school coaching staff hold current first aid and CPR certifications, and they have also been fully briefed on concussion management. Our concussion management protocol is included in the coaches' handbook.

All coaches are familiar with the signs and symptoms of a concussion and are prepared to immediately remove the athlete from competition/activity. The athlete will then be referred for medical treatment by utilizing the school nurse or athletic trainer if available. The coach is responsible for notifying the athlete's parents of the injury and will remain with the athlete until a parent or a health care provider arrives. If the situation worsens, EMS will be activated.

Any student who has been suspected of having a concussion must be removed from all activity and must be cleared by a physician. When a student returns to school or sports, they must be held out of physical activity OF ANY SORT until they have been explicitly cleared medically and have progressed through a return-to-play protocol that can be administered by an athletic trainer, nurse or the athletic director. We will communicate with the family in detail and regularly in the event of a concussion.

If a student is unable to participate in sports for three or more days, they must have a doctor's note to return to play sports.

COMMUNITY EXPECTATIONS

Harker athletics strives to create a supportive and inclusive athlete community, where coaches and players are expected to treat each other with respect and kindness.

Players and coaches are expected to report any incident of actual or suspected discrimination, harassment or "locker room talk" to a figure of authority, including the athletic director, the lower or middle school division head, the lower or middle school dean of students or a faculty member of the Diversity Committee, to ensure that Harker has a safe and inclusive community.

LOCATION OF PRACTICES AND GAMES

A list of the facilities where our students practice and play home games is located in the Appendix. Brief directions to the schools we compete against are listed in the Appendix along with specific school information. Specific addresses to away-game sites will be sent out weekly.

TRANSPORTATION

Our teams are transported by our own Harker school buses. We arrange for these vehicles weekly, and do our best to accommodate our various needs. The bus picks up the students from Harker and delivers them back to Harker. Coaches are not allowed to provide individual transportation for team members to or from contests.

Parents are always welcome to pick up their own student from a game. They must sign out with the coach before leaving with their child! If a student is going home with another parent, we must have written confirmation from both parents prior to the actual trip.

Harker will provide transportation to all weekday athletic contests at other school sites for games that start at 4 or 5 p.m. Harker does not provide transportation on weekends or for weekday games that start after 5:30 p.m. These games will be highlighted when the schedules are distributed at the beginning of the season.

ANTI-HAZING POLICY

The school admonishes the hazing of students and abides by the following standards.

Hazing shall mean any conduct or methods of initiation into any student organization, whether on public or private property, which willfully or recklessly endangers the physical or mental health of any student or other person. Such conduct shall include whipping, beating, branding, forced calisthenics, exposure to weather, forced consumption of any food, liquor, beverage, drug or other substance, or any other brutal treatment or forced physical activity which is likely to affect adversely the physical health or safety of any such student or other person, or which subjects such student or other person to extreme mental stress, including extended deprivation of sleep or rest or extended isolation.

ADDITIONAL INFORMATION

Seasonal game schedules: Schedules are provided online via Harker's parent portal. Changes are made regularly to the online site and pertinent team information can be found there, and are sent home at the start of the season by the athletic director as well. Harker News: Harker News, at news.harker.org, publishes news and features about the Harker community on an ongoing basis, and has frequent sports updates.

Email: At the beginning each sports season all grade 4-8 parents will receive an email announcement from the athletic director. Weekly emails will also be sent home to keep parents informed about any games or info for the upcoming week.

Schedules & Coach Directory: Schedules can be found on the "Athletic Schedules" tile on the parent portal. Coach info can be found on the "Staff Directory" tile on the portal.

Athletic department phone and voicemail directory: If you need to obtain specific information about your child's team, and the coach is a regular Harker teacher, you can call the coach's message line directly. If you have a message or need information and your child's coach is an off-campus coach, you should email the coach or the athletic director. Email addresses for the coaching staff are available at the mandatory parent meetings.

WEST BAY ATHLETIC LEAGUE GUIDELINES

Code of Conduct: The school is proud of the behavior and sportsmanship displayed by its players, coaches and fans. We value spirited and fair play as well as positive support for our players and teams. In order to ensure that our expected level of decorum continues each game and each season, we ask that all members of the Harker community continually renew their efforts to abide by the ideals of the league. Athletic competition in the league is guided by the following ideals:

- Players and coaches shall at all times represent themselves and their school with honor, proper conduct and good sportsmanship.
- They shall understand that competitive rivalries are encouraged but that disrespect for opponents is unsportsmanlike and lessens the value of the rivalries.
- They shall confine the competitiveness of the game to the field, and in particular behave properly on the sidelines before, during and after the games.

The players and coaches: Players and coaches shall comply fully with the rulings of the officials. In no way, either by voice, action or gesture, shall they demonstrate their dissatisfaction with the decisions made. Players must never forget that they represent their school. The spectators: The Harker School will not tolerate at its athletic contests any spectator, either student or adult, whose behavior is disrespectful toward players, officials, coaches or other spectators. Nor will The Harker School permit any type of spectator behavior that either detracts from the proper conduct of the game or serves to place a player or team at a disadvantage.

These guidelines apply equally to players, coaches and spectators and we ask that officials apply to these guidelines strictly, especially with regard to players and coaches.

The value of athletics has long been an accepted tenet of elementary school education which strives to develop each individual in a manner fostering growth of spiritual, intellectual, emotional, social and physical characteristics.

The WBAL's mission is to develop – in mind, body and spirit – student athletes and school teams, who act with integrity and character, and compete with sportsmanship, purpose and pride; and to safely and responsibly administer league contests conscientiously with respect for the games, teams, officials and member schools.

Compliance with league policies and consistent enforcement of sports policies and procedures are essential components for a successful league. League schools model behaviors and standards for conduct for their student athletes, and should be consistent and accountable by strict adherence to this document. The WBAL was organized to provide interscholastic competition for schools in the Mid- Peninsula area. Through its existence, the league members subscribe to and provide:

- an opportunity for all students who wish to participate, to be members of a team organized wherever possible to the ability level of the individual participant;
- uphold as prime importance the student athlete's health, welfare and safety;
- a full selection of sports for both boys and girls so that each may participate, learn the game and strive to excel at their levels by gaining the skills and abilities involved;
- an opportunity for all participants to enjoy athletics and provide their parents, friends and peers the enjoyment of seeing them compete;
- to provide quality interscholastic athletic competition;
- for each team member to play in all games whenever possible;
- for coaches to always realize the importance of their role as teacher, not only of sports, but of conduct and deportment in the field and floor at all times, and good sportsmanship regardless of the game's outcome; and to show appreciation and respect for opponents as individuals of equal value;
- to cultivate cordial and friendly relations among schools through standards of sportsmanship;
- for each player to use every opportunity to gain and increase self-esteem, respect for all teammates, opponents, coaches and officials, and compete in a sportsmanlike manner;
- an opportunity to use athletics as an important means of furthering school and team spirit;
- an opportunity for all parents to demonstrate their endorsement of athletic coeducation by exhibiting good sportsmanship, positive support and acceptable conduct, without interference, at all times.

PARTICIPATING WBAL SCHOOLS

Castilleja (Palo Alto) Crystal Springs Uplands (Hillsborough) Eastside Prep (East Palo Alto) Highlands Christian Keys School (Palo Alto) Menlo School (Atherton) Nueva School (Hillsborough) Pinewood School (Los Altos) Priory (Portola Valley) Redeemer Lutheran (Redwood City) Sacred Heart (Atherton) St. Matthew's Episcopal (San Mateo) The Girls Middle School (Palo Alto) The Harker School (San Jose) The King's Academy (Sunnyvale) Woodland School (Portola Valley)

HARKER FACILITIES

You may see abbreviations used on league communications. Here is what they mean. We will still be using the Blackford Ave. campus fields and courts though the middle school has moved to Union Ave. We will continue to update parents with more specific facility locations.

- BKN gym/field located on the Bucknall Rd. campus
- UNN gym/field located on the Union Ave. campus
- STG gym/field located on the Saratoga Ave. campus

ATHLETIC PERSONNEL DIRECTORY

All area codes are 408

Ken Allen, Assistant Head of School for Student Affairs	345.9600
Theresa Smith, Directory of Athletics, Grades 4-8	553.0389
Karriem Stinson, Assistant Director of Athletics, Grades 4-8	553.0556
Dan Molin, Director of Athletics, Grades 9-12	345.9627
Brighid Wood, Assistant to the Athletic Directors	717.433.7499

For specific team information, contact Theresa Smith for lower and middle schools, and Dan Molin for upper school.

LOWER SCHOOL & MIDDLE SCHOOL P.E. / ACADEMIC STAFF COACHES

Sam Sellu	553.0387
Theresa Smith	553.0389
Karriem Stinson	553.0389
Randy Le Gris	553.0386
Rachel Erickson	553.0387
Rebecca Williams	553.0323
Emmanuel Sellu	553.0332
Sara Pawloski	553.0346

APPENDIX: DIRECTIONS TO OPPONENT FACILITIES

Achiever Christian: 520 Sands Dr., San Jose, 95125

Almaden Country: 6835 Trinidad Dr.

San Jose Almaden Prep: 5670 Camden Ave., San Jose, 95124

Apostles Lutheran:

Volleyball: take 85 South to Blossom Hill Rd. Go through the light. Second stop sign is Santa Teresa Blvd. and Blossom Ave. The school is right there.

Football: take 280 South to 17 towards Santa Cruz. Take 85 South. Take the Santa Teresa exit and turn right. Stay on Santa Teresa and turn left on Cahalan Ave. Parking is on the left.

Blach: 1120 Covington Rd., Los Altos

Blossom Hill Park: 16300 Blossom Hill Rd., Los Gatos

Bret Harte: 7050 Bret Harte Dr., San Jose, 95120

Buchser: 1111 Bellomy St., Santa Clara, 95050

Cabrillo: 2550 Cabrillo Dr., Santa Clara, 95051

Camden Lifetime Activities Center: 280 South to 17 South to Camden, turn left on Union, turn left and gym is on the left.

Carden El Encanto: Saratoga Ave. to Kiely and turn left onto Kiely. Follow Kiely over Stevens Creek until you get to Forbes. Turn left. The school is on the right.

Castilleja: 1310 Bryant St., Palo Alto.

Castillero: 6384 Leyland Park Dr., San Jose, 95120

Castro: 4600 Student Ln., Campbell

Campbell: 295 Cherry Lane

Corte Madera: Tennis: Alpine Hills Tennis and Swim Club 4139 Alpine Rd., Portola Valley, 94028

Crystal Springs Uplands: 10 Davis Dr., Belmont

Crystal Springs: San Bruno Mountain County Park.

Cross Country: Take 101 north. Take the Oyster Point Blvd exit. There will be two left hand turn lanes. Bear right as soon as you make the left. Turn right onto Airport Blvd. which becomes Bayshore Rd. Guadalupe Canyon Rd. is a fair ways up and the sign is small. Entrance to park is on the right. Fee is \$4.

Baseball: Sea Cloud Park. Take Hwy 92 east toward San Mateo Bridge exit at Mariners Island / Edgewater Blvd. Left at stop light onto Edgewater. Left at Pitcairn Dr. Field in back.

Cupertino: 1650 S. Bernard Ave., Sunnyvale

C.T. English: 23800 Summit Rd., Los Gatos, 95033

Dartmouth: 5575 Dartmouth Dr., San Jose

Eastside College Prep: 2101 Pulgas Ave., East Palo Alto, 94303

Egan: 280 North, Exit at Foothill Expr., turn right on San Antonio Rd, left on North Portola, left at second driveway of the school for parking.

Fisher: Tennis: 280 South to 17 South, take Lark Ave. exit and make a left onto Lark at the stop light. Make a right onto Los Gatos Blvd., stay on this through a number of stop lights. Pass Blossom Hill intersection. Look for Shannon Rd. and make a left. Look for Blossom Hill Park on the left.

Foothill: 1991 Landess Ave., Milpitas, 95116

Girls Middle School: 180 N. Rengstorff Ave., Mountain View, 94043 Tennis: Rengstorff Park, 201 S. Rengstorff Ave., Mountain View, 94040

Graham: 1175 Castro St., Mountain View

Hillbrook: Take 280 South to 17 towards Santa Cruz, Take Hwy 9 exit (second exit going back over freeway). Turn left on Los Gatos Blvd., right on Kennedy Rd. Left on Englewood Rd. Turn right on Marchmont Dr. Follow Marchmont drive directly into the school.

Hillview: Tennis: Nealon Park, 800 Middle Ave., Menlo Park, 94025

Holy Family: 280 South to 87 towards Gilroy, exit at Capital Expr.. and turn right, at Pearl Ave. turn left, about a 1/4 mile past Branham Ave. The school is located on the left hand side of the road.

Hoover: 1635 Park St., San Jose, 95126

Hyde Middle School: 19325 Bollinger Rd., Cupertino, 95014

Jay Lathrop Stanford School (J.L.S.): 280 North to 85 North to 101 North, Exit San Antonio Rd. Split to the left, at stop sign turn left, go over the bridge and make a right on Charlston, right on Middlefield Rd., left on East Meadow, left on Waverly and school is on the left, gym in the back.

John Muir: 1260 Branham Ln., San Jose, 95118

Jordan: 750 N. California Ave., Palo Alto

Kehillah: 3800 Blackford Ave., San Jose Kennedy: 821 Bubb Rd., Cupertino, 95014

Keys School: 2890 Middlefield Rd., Palo Alto, 94306

King's Academy: 280 North to Wolfe Rd. Exit and go right, Wolfe Rd. turns into Fair Oaks, right on Duane Ave. and 1/2 block down to Britton Ave. Second parking lot on the left.

King's Academy (Tennis): Sunnyvale Municipal Tennis Center, 755 S. Mathilda Ave. Sunnyvale, 94087

La Entrada: 2200 Sharon Rd., Menlo Park, 94025 Tennis: Sharon Heights Country Club, 2900 Sand Hill Rd., Menlo Park, 94025 Lawson: 10401 Vista Dr., Cupertino

Los Gatos Academy: 280 South to 880/17 South, Exit at Lark Ave and go left on Lark. Turn right on Los Gatos Blvd. Turn left on Blossom Hill Rd. and right on Bel Gatos.

Los Gatos Christian: 16845 Hicks Rd., Los Gatos, 95032

McAuliffe: From Saratoga campus, take Saratoga Ave. to Prospect Rd. and turn right, turn left on Titus Ave.

Menlo: 50 Valparaiso Ave., Atherton Cross Country: Bayfront Park, 101 North Marsh Rd. East.

Menlo-Atherton High School: 555 Middlefield Rd., Atherton

Merryhill School: 1500 Yosemite Dr., Milpitas, 95035

Miller: Saratoga Ave. to Moorpark Ave. turn right. Moorpark becomes Bollinger at Lawrence Expr., turn left on Johnson and right at Rainbow, school on right.

Monroe: 1055 S. Monroe St., San Jose

Moreland: 4600 Student Ln., San Jose, 95130

Mt. Madonna: 445 Summit Rd., Gilroy

Peter Burnett: 280 South to 880 towards Oakland. Exit at First (1st) St., cross over First St. turn right at Second St. (2nd) and school is on the left hand side.

Peterson: 280 North and exit at Lawrence Expressway North. Go left at El Camino, left at Poplar, take first right and school is on the left, gym in the front

Pinewood: 26800 W. Fremont Rd., Los Altos All Pinewood LS, MS and US games are played at this campus.

Price: 280 south to 17 South to Camden Ave/San Tomas Expr. turn left onto Camden Ave., turn left on Curtner Ave, turn right on New Jersey Ave.

Queen of Apostles: Take Saratoga Ave. to Moorpark Ave., turn right, school is on Moorpark just behind Mitty High School.

Quimby: 280 South to 101 South. Take Tully Rd. east and turn right on Quimby Rd.

Redeemer Lutheran: 1120 Roosevelt Ave., Redwood City

Redwood: 13925 Fruitvale Ave., Saratoga

Soccer: Saratoga Ave. toward Moorpark Ave. Turn left onto Fruitvale Ave.

Tennis: Saratoga Ave. past Fruitvale, turn right at Herriman and follow to Saratoga HS. School is at the corner of Herriman and Saratoga-Sunnyvale Rd.

Resurrection: 1395 Hollenbeck Ave, Sunnyvale, 94087

Rolling Hills: 1585 More Ave., Los Gatos, 95032

Sacred Heart: Saratoga Ave. past Fruitvale towards Saratoga, school is on the left on Saratoga Ave. just past St. Andrews School, which is on the right.

San Jose Academy: 280 South to 880 North to 101 South, take Julian St. exit towards McKee Rd. left onto East Julian and left onto North 24th St.

San Jose Christian: 1300 Sheffield Ave., Campbell, 95008

Stratford: 1718 Andover Ln., San Jose

St. Andrews: Saratoga Ave. past Fruitvale, school is on the right on Saratoga Ave. just before Sacred Heart School, which is on the left.

St. Catherine's: 17500 Peak Ave., Morgan Hill, 95037

St. Chris: 280 South to Meridian South, bear right, at Curtner turn left, school is at the corner of Curtner and Booksin.

St. Cyprian: 195 Leota Ave., Sunnyvale, 94086

St. Francis Cabrini: 280 South to 17 South, exit Camden, left on Camden, school is on Camden Ave. on right hand side, across from shopping center, or circle the block.

St. Joseph's School of the Sacred Heart: 150 Valparaiso Ave., Atherton

St. Justin's: Saratoga Ave. turn right out of STG campus, left on Kiely, right on Homestead and the gym is just behind the church.

St. Lawrence: 280 North, exit at Lawrence Expr. North, right onto Cabrillo Ave. Right onto Briarwood, right onto St. Lawrence Dr.

St. Martin of Tours: Stevens Creek Blvd. towards San Jose. Cross over 880, left on Di Salvo, left on Baily and Baily dead ends at parking lot near gym.

St. Matthew's Episcopal: 16 Baldwin Ave., San Mateo, 94401 Tennis: Central Park San Mateo

St. Nicholas: 12816 El Monte Rd., Los Altos Hills

St. Victor's: 280 South to 680. Exit Berryessa East, Go left at Morrill Ave. (third signal), go right at Sierra Rd.

Sunnyvale Junior High: 280 North to 85 North. Right on Fremont, immediate left on Bernardo, right on Remington, left on Mango.

Union: 2130 Los Gatos-Almaden Rd., San Jose

Valley Christian: 100 Skyway Blvd., San Jose

West Valley: 3500 Amber Dr., San Jose, Ca. 95117

Willow Glen: 2105 Cottle Ave., Willow Glen

Woodland School: 360 La Cuesta Dr., Menlo Park, 94028

Woodside Priory: 302 Portola Rd., Portola Valley

