

## **ALL MEALS INCLUDE:**

Fresh Fruit & Seasonal Salad Bar
Boars Head premium deli sandwiches on whole grain and gluten free bread
Low Fat Yogurt and Granola
Unsweetened Applesauce
Low Fat Milk or Water



## **Produce of the Month: Cucumber**

Stay hydrated this month by munching on cool, crispy cucumbers.

Cucumbers are 96% water and a good source of vitamin K.

We love cucumbers pickled, raw, or dipped.

25 Monday	<b>26</b> Tuesday	<b>27</b> Wednesday	<b>28</b> Thursday	<b>29</b> Friday
NON-VEGGIE	NON-VEGGIE	NON-VEGGIE	NON-VEGGIE	NON-VEGGIE
Meatless	BBQ Chicken Thighs	Homestyle Meatloaf	Ground Turkey Stir Fry	All American Hamburger
Monday!	Corn Muffin	Scalloped Potatoes Glazed Carrots	Steamed Rice	Potato Wedges
	Peas & Carrots		Broccoli	Coleslaw
				Blondies
VEGGIE √	VEGGIE√	VEGGIE√″	VEGGIE√″	VEGGIE√″
Pasta with Marinara	BBQ Soy Tenders  Corn Muffin	Rainbow Veggie Skewers	Sesame Tofu Steamed Rice	Black Bean Burger
Garlic Bread		Scalloped Potatoes		Potato Wedges
Sticks	Peas & Carrots		Broccoli	Calada
Green Beans		Glazed Carrots		Coleslaw
Green Deans				Blondies