



HARKER

LS INTERSCHOLASTIC AND INTRAMURAL SPORTS

The following important information appears in your student/parent handbook. We are repeating it here for your convenience:

All students in grades 4-5 are eligible for after-school sports. Students will not be dropped from the sports program provided they maintain regular attendance, display proper sportsmanship and do not lose eligibility due to low grades or failing to attain the "meets" level in effort. This also applies to other after-school activities.

The lower school program is structured to provide all interested students with an educational, enjoyable and appropriate experience. In order to accomplish these goals, we have created a structure that combines interscholastic opportunities for the most advanced students and a spirited and instructional intramural program for students who need to concentrate more on sport development.

Whenever possible, depending on the availability of competition, we will field an interscholastic team at the grade 5 level for all sports and one interscholastic team in grade 4 for the sport of basketball. If there are a large number of skilled players in a grade 5 and opponents to play, we will consider adding a second team.

In the lower school we will form an instructional and developmental intramural program in sports where we have ample enrollment. These programs may combine students from grades 4-5 in order to make it viable and fun for all.

The goal of the intramural program is to help and support the developing athletes in order to better prepare them for an interscholastic experience in the future and to meet the needs of recreational athletes.

Interscholastic sports practices are held Monday through Friday. Attendance is mandatory Tuesdays, Wednesdays and all game days. Exceptions: swimming is Tuesday/Thursday; track has no mandatory days

- Practices are held Monday through Friday, 3:45-5 p.m. Practices start at 3:30 p.m. on Wednesdays.
- Parents are invited to watch games. Parents are not allowed to watch team tryouts or regular team practices.



2025-26 Seasons

Online sign-ups will begin Mon., Aug. 4



FALL

Sept. - Mid-Oct.

Flag Football,
Swimming, Girls Softball

EARLY WINTER

Mid-Oct. - Mid-Dec.

Boys Basketball
Girls Soccer

LATE WINTER

Early Jan. - Mid-March

Boys Soccer
Girls Basketball



SPRING

Mid-March - Mid-May

Baseball, Girls Volleyball,
Track



Interscholastic Lower School League-West Bay
Athletic League (WBAL)

Castilleja School, The Girls' Middle School, Keys
School, Nueva School, Pinewood School, Priory
School, St. Joseph's Sacred Heart School, St.
Matt's School, Woodland School, Highlands
Christian, Redeemer Lutheran.

All athletic sign-ups will be done through the BEST registration process.

Please refer to your lower and middle school athletic handbook for more detailed after-school sports information.