

April 15 - April 19

2024



LOWER SCHOOL

ALL MEALS INCLUDE:

Fresh Fruit & Seasonal Salad Bar

Boars Head premium deli sandwiches on whole grain and gluten free bread

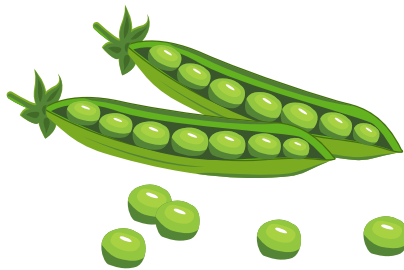
Low Fat Yogurt and Granola

Unsweetened Applesauce








Low Fat Milk or Water

Produce of the Month:

Peas



Did you know one of Thomas Jefferson's favorite vegetables was the English Pea? He planted more than 30 varieties in his garden at Monticello. Try snap peas, green peas or snow peas this month.

15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday
NON VEGGIE Meatless Monday!	NON VEGGIE Steak Fajitas with Tortillas Spanish Rice Mexican Corn	NON VEGGIE Battered Shrimp Tater Tots Broccoli	NON VEGGIE Chicken Piccata Skewers Rice Pilaf  Peas & Carrots	NON VEGGIE Mini Hot Dogs Coleslaw Crinkle Fries Ice Cream Sandwich
VEGGIE  Cheese Tortellini with Marinara Garlic Bread Sticks Garden Salad	VEGGIE  Fajita Sofritas with Tortillas Spanish Rice Mexican Corn	VEGGIE  Battered Cauliflower Tater Tots Broccoli	VEGGIE  Cheese Potato Frittata Rice Pilaf  Peas & Carrots	VEGGIE  Veggie Corn Dog Coleslaw Crinkle Fries Ice Cream Sandwich

Vegetarian



Produce of the Month



Kitchen Manager
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