

# April 8 - April 12

## 2024

## LOWER SCHOOL

### ALL MEALS INCLUDE:

Fresh Fruit & Seasonal Salad Bar

Boars Head premium deli sandwiches on whole grain and gluten free bread

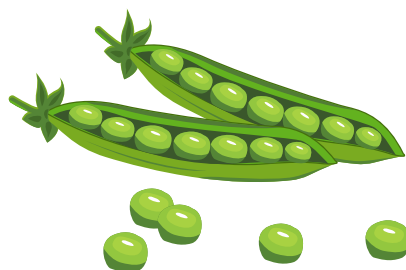
Low Fat Yogurt and Granola

Unsweetened Applesauce








Low Fat Milk or Water

Produce of the Month:

# Peas



Did you know one of Thomas Jefferson's favorite vegetables was the English Pea? He planted more than 30 varieties in his garden at Monticello. Try snap peas, green peas or snow peas this month.

8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday
<b>NON VEGGIE</b>  <b>Meatless Monday!</b>	<b>NON VEGGIE</b> Teriyaki Chicken Skewers  Steamed Rice  Broccoli	<b>NON VEGGIE</b> Pasta with Meat Sauce  Garlic Bread Sticks  Green Beans	<b>NON VEGGIE</b> Lemon Butter Salmon  Rice Pilaf  Peas & Carrots	<b>NON VEGGIE</b> Bacon Macaroni and Cheese  Buttered Corn  Garden Salad  Brownies
<b>VEGGIE</b>   Cheese Pizza  Caesar Salad	<b>VEGGIE</b>  Cilantro Sesame Tofu  Steamed Rice  Broccoli	<b>VEGGIE</b>  Pasta with Marinara Sauce  Garlic Bread Sticks  Green Beans	<b>VEGGIE</b>  Fishless Filet  Rice Pilaf  Peas & Carrots	<b>VEGGIE</b>  Macaroni and Cheese  Buttered Corn Garden Salad  Brownies

Vegetarian



Produce of the Month



Kitchen Manager  
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