COMMON GROUNDS SPEAKER SERIES
20th Anniversary Season
At-a-Glance Speaker Schedule 2021-2022*

SEPTEMBER 23, 2021
Parenting Past the Pandemic: A Guide to Returning to School, with Dr. Tanya Altmann & Dr. Damon Korb in conversation; 7pm-8:15pm PT

OCTOBER 12, 2021
The Essentials of Executive Functioning with Adele Diamond, PhD, in conversation with Vivien Kiel, PhD; 7pm-8:15pm PT

OCTOBER 28, 2021
Radical Empathy: Finding a Path to Bridging Racial Divides, with Terri Givens, PhD, in conversation with Rosetta Lee; 7pm-8:15pm PT

NOVEMBER 10, 2021
Eat to Beat Depression: Nutrition and Mental Health, with Dr. Drew Ramsey; 7pm-8:15pm PT

NOVEMBER 16, 2021
A Broader Look at Protective Factors Against Childhood Depression, with Dr. Shashank Joshi and Dr. Amy Heneghan; 7pm-8:15pm PT

DECEMBER 7, 2021
Building Resilience: Preparing our Teens to Thrive in Uncertain Times, with Madeline Levine, PhD; 7pm-8:15pm PT

JANUARY 25, 2022
The Power of Emotional Intelligence: Permission to Feel, with Marc Brackett, PhD, in conversation with Scott Erickson, PhD; 7pm-8:15pm PT

FEBRUARY 10, 2022;
Social Health: How to Counter the Loneliness Epidemic, with Kasley Killam, MPH; 7pm-8:15pm PT

FEBRUARY 15, 2022
Hunt, Gather, Parent: What Ancient Cultures Teach Us About Raising Happy, Helpful Little Humans
with Michaeleen Doucleff, PhD; 7pm-8:15pm PT

MARCH 1 or 3; TBD
Common Sense Media Presents New Research on Adolescent Mental Health and Tech Use

MARCH 9, 2022
The Art of Screen Time: Balancing Digital Media Use at Home with Anya Kamenetz; 7pm-8:15pm PT

MARCH 29, 2022
One Trusted Adult: How to Build Strong Connections and Healthy Boundaries with Young People with Brooklyn Raney; 7pm-8:15pm PT

APRIL TBD
College Admissions Panel

*All speaker events are livestream via Zoom.